NOVEMBER 2026

D'YOUVILLE LIFE & WELLNESS COMMUNITY
The Saab Residence
Affordable Assisted Living & Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAYLIGHT SAVINGS ENDS 1 9:30 EXERCISE! LE 10:15 MANICURES *SIGN UP* LE 2PM SUNDAY SOCIAL: FRUITFUL CHATS MC 3:15 GAME: APPLES TO APPLES LE 6PM RESIDENT LED: TABLE TOP GAMES LE	2 9:30 FITNESS WITH MABEL LE 10:30 THANKSGIVING POSTER DECORATING LE 1:30 TRIP: MASS AT DSC CHAPEL *SIGN UP* L 3PM COMMUNION W/ SR. MARILYN CH 3:15 GIANT CROSSWORD LE	3 9:30 EXERCISE! C 10:15 COMMUNION SERVICE CH 10:15 COOKING CLUB: PUMPKIN MOUSSE CR 2PM INTERTNATIONAL FLAG CELEBRATION DR 3PM MEN'S GROUP CR 3:15 SAAB CHORAL GROUP CH	4 9:30 CHAIR YOGA WITH MARCELLE LE 9:30 TRIP: MARKET BASKET *SIGN UP* L 10:30 WHITE BOARD GAMES: BUILD A WORD LE 2PM GAME: PLINKO LE 3:15 BIRTHDAY & GREETING CARD CLUB LE	5 9:30 EXERCISE! LE 10:15 GAME: CANDY DICE LE 2PM BINGO! DR 3:15 CARDIO DRUMMING LE 6PM RESIDENT LED: TABLE TOP GAMES LE	HAPPY BIRTHDAY BARBARA G. & EDITH W.! 6 9:30 EXERCISE! LE 10:15 GAME: PONG TOSS LE 1:30 POKER LESSON LE 2:00 GAME: POKER LE 3PM SAAB SHOP *SIGN UP* L 3:15 RESIDENT LED: MAHJONG LE	7 9:30 EXERCISE! LE 10AM LEISURE PACKS TO GO LE 10:15 RESIDENT LED: RUMMIKUB LE 2PM BINGO! DR 3:15 SCRABBLE CLUB C
8 9:30 EXERCISE! LE 10:15 MANICURES *SIGN UP* LE 2PM SUNDAY SOCIAL: CIDER & DONUTS MC 3:15 GAME: LEFT, RIGHT, CENTER LE 6PM RESIDENT LED: TABLE TOP GAMES LE	9 9:30 EXERCISE! LE 10AM PET VISITS WITH JEFF PL 10:15 GIANT CROSSWORD LE 1:30 TRIP: MASS AT DSC CHAPEL *SIGN UP* L 3PM COMMUNION W/ SR MARILYN CH 3:15 CAN YOU LIST THIS TRIVIA LE	HAPPY BIRTHDAY MARY S.! 10 9:30 EXERCISE! C 10:15 COOKING CLUB: CORN MUFFINS CR 1:45 CRAFT: CERAMIC TURKEY PAINTING C 3PM ROSARY W/ SR. MARILYN CH 3:15 SAAB CHORAL GROUP CH	VETERAN'S DAY 11 9:30 EXERCISE! LE 9:30 TRIP: DOLLAR TREE *SIGN UP* L 10:30 THANKSGIVNG POSTER DECORATING LE 2PM JOE MALONE PRESENTS: JFK DR 3:15 VETERAN'S CELEBRATION DR	12 9:30 EXERCISE! LE 10:15 GAME: POKENO LE 2PM BINGO! DR 3:15 POOL NOODLE VOLLEY LE 6PM RESIDENT LED: TABLE TOP GAMES LE	COUNTRY WESTERN DAY! 13 9:30 EXERCISE! LE 10:15 GAME: HORSE RACING LE 2PM INFORMATIONAL SESSION: COPING DURING THE HOLIDAY SEASON WITH CHERYL FROM COMPASSUS LE 3:15 RESIDENT LED: MAHJONG LE	14 9:30 EXERCISE! LE 10AM LEISURE PACKS TO GO LE 10:15 RESIDENT LED: BUFFALO NICKELS LE 2PM BINGO! DR 3:15 SCRABBLE CLUB C
15 9:30 EXERCISE! LE 10:15 MANICURES *SIGN UP* LE 2PM SUNDAY SOCIAL: ICED COFFEE BAR MC 3:15 GAME: CRIBBAGE LE 6PM RESIDENT LED: TABLE TOP GAMES LE	16 9:30 FITNESS WITH MABEL LE 10:30 GIANT CROSSWORD LE 1:30 TRIP: MASS AT DSC CHAPEL *SIGN UP* L 3PM COMMUNION W/ SR MARILYN CH 3:15 RESIDENT MEETING WITH ACTIVITIES LE	17 9:30 EXERCISE! C 10:15 COMMUNION SERVICE CH 10:15 COOKING CLUB: MASHED POTATO BOMBS CR 1:45 GAME: DARTS DR 3PM MEN'S GROUP CR 3:15 SAAB CHORAL GROUP CH	18 9:30 CHAIR YOGA WITH MARCELLE LE 9:30 TRIP: WALMART *SIGN UP* L 10:30 THANKSGIVNG POSTER DECORATING LE 2PM BIRTHDAY BASH WITH MARK STANZLER! DR 3:15 RESIDENTS ONLY MEETING LE	19 9:30 EXERCISE! LE 10:30 RESIDENT COUNCIL DR 2PM BINGO! DR 3:15 DISCUSSION: LET'S KETCHUP WITH THE DIETICIAN LE 6PM RESIDENT LED: TABLE TOP GAMES LE	20 9:30 EXERCISE! LE 10:15 GAME: AX THROWING LE 10:30 LIBRARY BOOK MOBILE VISITS C 2PM BLACK JACK LE 3PM SAAB SHOP *SIGN UP* L 3:15 RESIDENT LED: MAHJONG LE	21 9:30 EXERCISE! LE 10AM LEISURE PACKS TO GO LE 10:15 RESIDENT LED: RUMMIKUB LE 2PM BINGO! DR 3:15 SCRABBLE CLUB C
22 9:30 EXERCISE! LE 10:15 MANICURES *SIGN UP* LE 2PM SUNDAY SOCIAL: VEGGIES & DIP MC 3:15 GAME: POKENO LE 6PM RESIDENT LED: TABLE TOP GAMES LE	23 9:30 EXERCISE! LE 10:15 GIANT CROSSWORD LE 1:30 PAINT & SIP WITH PAULINA *SIGN UP* LE 3:15 LEISURE PACKS TO GO: WORD SEARCH & CROSSWORDS LE	24 9:30 EXERCISE! C 10:15 COOKING CLUB: APPLE PIE CUPS CR 1:30 GAME: CURLING C 2PM ROSARY W/ SR. MARILYN CH 2:30 PERFORMANCE: CLASSIC PIANIST THEOPHILUS PRATT L 3:30 SAAB CHORAL GROUP CH	25 9:30 EXERCISE! LE 10:30 LUNCH TRIP: PRINCETON STATION *SIGN UP* L 10:30 INDEPENDENTLY LED: THANKSGIVING COLORING LE 1:30 TRIP: MASS AT DSC CHAPEL *SIGN UP* L 3PM COMMUNION W/ SR. MARILYN CH 3:15 GAME: WHEEL OF FORTUNE LE	THANKSGIVING 26 9:30 EXERCISE! LE 10:15 THANKSGIVING CRAFT LE 12PM THANKSGIVING MEAL DR 2PM BINGO! DR 3:15 MUSIC & THANKSGIVING MEMORIES LE 6PM RESIDENT LED: TABLE TOP GAMES LE	27 9:30 EXERCISE! LE 10:15 AUTUMN CRAFT WRAP UP LE 1:30 AFTERNOON MOVIE: "THE BLIND SIDE" DR 3:15 RESIDENT LED: MAHJONG LE	28 9:30 EXERCISE! LE 10AM LEISURE PACKS TO GO LE 10:15 RESIDENT LED: BUFFALO NICKELS LE 2PM BINGO! DR 3:15 SCRABBLE CLUB C
29 9:30 EXERCISE! LE 10:15 MANICURES *SIGN UP* LE 2PM SUNDAY SOCIAL: HOT COCOA BAR MC 3:15 GAME: ROULETTE LE 6PM RESIDENT LED: TABLE TOP GAMES LE	30 9:30 EXERCISE! LE 10:15 GIANT CROSSWORD LE 1:30 TRIP: MASS AT DSC CHAPEL *SIGN UP* L 3PM COMMUNION W/ SR. MARILYN CH 3:15 GAME: POOL NOODLE VOLLEY LE					

LOCATION KEY:
LE = LIFE ENRICHMENT ROOM
DR = DINING ROOM
C = CAFE
L = LOBBY
CH = CHAPEL
CR = COMMUNITY ROOM
MC = MEMORY CARE
GM = GYM