D'YOUVILLE LIFE & WELLNESS COMMUNITY
The Saab Residence
Affordable Assisted Living & Memory Care

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:15 COMMUNION IN THE CHAPEL 11AM REMINISCING ON THE PATIO 1PM CORN SHUCKING CONTEST 2PM MATCH GAME 3PM MANICURES & SOUNDSCAPES 4PM WALKING CLUB	**2** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 CHAIR YOGA WITH MARCELLE 1PM BULLETIN BOARD CRAFT 2PM BULLETIN BOARD MAKEOVER 3PM HELPING HANDS: FLUFF & FOLD 4PM WALKING CLUB	**3** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:15 MORNING MOVIE: SATURDAY NIGHT FEVER 12:15 LUAU & PIG ROAST ON TRAD 2PM ENTERTAINMENT WITH AL & TOM'S HIT PARADE ON TRAD! 4PM WALKING CLUB	**4** HAPPY BIRTHDAY IRENE 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 GAME: POOL NOODLE VOLLEY 1:30 ROSARY WITH SR. LUCILLE 2PM BIBLE STUDY WITH PAT 3PM MANICURES & ARM CHAIR TRAVEL TO THE NEW ENGLAND COASTLINES 4PM WALKING CLUB	**5** 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 11AM SING A LONGS; RELIGIOUS HYMES 1PM PICTIONARY WITH LILLY 2PM BINGO! ON TRADITIONAL 4PN WALKING CLUB
6 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 11AM SUNDAY MASS ON TV 1PM HELP ACTIVITIES PREPARE FOR THE SUNDAY SOCIAL 2PM SUNDAY SOCIAL: TREATS & TRIVIA 4PM WALKING CLUB	**7** LABOR DAY 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 LETTER OF THE DAY WORD GAME- "S" FOR SEPTEMBER 1PM AFTERNOON MOVIE: "A STAR IS BORN" 3PM GREETING CARD CLUB 4PM WALKING CLUB	**8** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 BINGO! 1PM COOKING CLUB: CORN BREAD WITH MATINA 2PN LETS EAT & SOCIALIZE 3PM MANICURES & SOUNDSCAPES 4PM WALKING CLUB	**9** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 SUNFLOWER CANVAS PAINTING 1PM BALLOON VOLLEY 2PM JOE MALONE PRESENTS: NEIL DIAMOND ON TRAD 3:15 MAGAZINE SEARCH 4PM WALKING CLUB	**10** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:15 COUNTRY DRIVE 1PM SHORT STORIES 2PM BALANCE & AGILITY CLASS 3PM SEEK & SPEAK REMINISCING 4PM WALKING CLUB	**11** PATRIOT DAY 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 GAME: TARGET PRACTICE 1:30 ROSARY 2PM BIBLE STUDY WITH PAT 3PM MANICURES & ARM CHAIR TRAVEL TO NEW YORK CITY 4PM WALKING CLUB	**12** 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 11AM CHICKEN SOUP FOR THE SOUL SHORT STORIES 1PM HANG MAN ON THE WHITE BOARD 2PM BINGO! ON TRADITIONAL 4PM WALKING CLUB
13 GRANDPARENT'S DAY 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 11AM SUNDAY MASS ON TV 1PM HELP ACTIVITIES PREPARE FOR THE SUNDAY SOCIAL 2PM SUNDAY SOCIAL: 1920'S STYLE TEA 4PM WALKING CLUB	**14** 9:15 PET THERAPY WITH JEFF AND HIS GOLDEN RETRIEVERS 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 BUILD.A.WORD 1:30 TRIP: MASS AT DSC CHAPEL 3PM CONVERSATION BOWL 4PM WALKING CLUB	**15** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:15 COMMUNION IN THE CHAPEL 11AM CONVERSATIONS ON THE PATIO 1:30 CARDIO DRUMMING 3PM MANICURES & SOUNDSCAPES 4PM WALKING CLUB	**16** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 CHAIR YOGA WITH MARCELLE 1PM BINGO! 2PM DISCO BIRTHDAY BASH WITH MARK STANZLER ON TRAD! 3:15 HELPING HANDS: PERFECT PAIRS 4PM WALKING CLUB	**17** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:15 DOG SHOW: HIGH FLYING FRISBEE DOGS ON TRAD BACK PATIO 1:30 HUMAN SLOT MACHINE 2:30 ABSTRACT CANVAS PAINTING 4PM WALKING CLUB	**18** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:15 NATURE CONNECTION VISITS 1:30 ROSARY 2PM BIBLE STUDY WITH PAT 3PM MANICURES & ARM CHAIR TRAVEL TO THE VERMONT COUNTRYSIDE 4PM WALKING CLUB	**19** 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 11AM SING A LONGS; PATRIOTIC SONGS 1PM MATCH GAME 2PM BINGO! ON TRADITIONAL 4PM WALKING CLUB
20 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 11AM SUNDAY MASS ON TV 1PM WHITE BOARD GAMES WITH RELLY 2PM SAAB CHORUS CONCERT & SING.A.LONG ON TRAD! 4PM WALKING CLUB	**21** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 PICTIONARY 1:30 TRIP: MASS AT DSC CHAPEL 3PM CONVERSATION BOWL 4PM WALKING CLUB	**22** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 RESIDENT COUNCIL 1PM COOKING CLUB: CRESCENT APPLE DUMPLINGS 2PM LETS EAT: APPLE DUMPLINGS 3PM MANICURES & SOUNDSCAPES 4PM WALKING CLUB	**23** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 AUTUMN WREATHS 1PM GAME: AXE THROWING 3PM ENTERTAINMENT WITH WENDEE GLICK & STEVE ON PIANO ON TRAD 4PM WALKING CLUB	**24** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10AM COUNTRY DRIVE 1PM SHORT STORIES 2PM BALANCE & AGILITY CLASS 3PM PATIO SOCIAL 4PM WALKING CLUB	**25** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 GAME: TIERED PONG 1:30 ROSARY 2PM BIBLE STUDY WITH PAT 3PM MANICURES & ARM CHAIR TRAVEL TO THE MOUNTAINS OF NH 4PM WALKING CLUB	**26** 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 11AM CHICKEN SOUP FOR THE SOUL SHORT STORIES 1PM BALLOON VOLLEY 2PM BINGO! ON TRADITIONAL 4PM WALKING CLUB
27 10AM MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 11AM SUNDAY MASS ON TV 1PM HELP ACTIVITIES PREPARE FOR THE SUNDAY SOCIAL 2PM SUNDAY SOCIAL: SNACKS & CHATS 4PM WALKING CLUB	**28** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 WHITE BOARD GAMES 1:30 TRIP: MASS AT DSC CHAPEL 3PM CONVERSATION BOWL 4PM WALKING CLUB	**29** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 CRAFT: AUTUMN BOOKMARKS 1PM COOKING CLUB: CLASSIC WALDORF SALAD 2PM LETS EAT: WALDORF SALAD 3PM MANICURES & SOUNDSCAPES 4PM WALKING CLUB	**30** 9:30 MORNING GATHERING, EXERCISE & THE DAILY CHRONICLE 10:30 CHAIR YOGA WITH MARCELLE 1PM BINGO! 2PM PAT'S MYSTERY CRAFT 3PM PATIO SOCIAL 4PM WALKING CLUB			