

MAY 2026



D'YOUVILLE LIFE & WELLNESS COMMUNITY
The Saab Residence
 Affordable Assisted Living & Memory Care

FRIDAY

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

3
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 11AM SUNDAY MASS ON TV
 1PM HAND MASSAGES & MANICURES
 2PM SUNDAY SOCIAL: TREATS & TRIVIA
 4:15 WALKING CLUB & 50'S MUSIC

4
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 Pictionary
 1:30 TRIP: MASS AT DSC CHAPEL
 3PM BIRTHDAY CARD CLUB
 4PM WALKING CLUB & REMINISCING

CINCO DE MAYO 5
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 COMMUNION IN THE CHAPEL
 1PM CRAFT: PATRIOTIC STARS
 2PM CONVERSATION BOWL
 3PM SUNSHINE SOCIAL
 4PM WALKING CLUB & ANY MUSIC

6
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 BINGO!
 1PM CARDIO DRUMMING
 2PM REMINISCING CIRCLE
 4PM WALKING CLUB & ABSTRACT ART CONVERSATIONS

MOTHER'S DAY BRUNCH 7
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 OLD TIME TV CLASSICS
 1PM PAT'S MYSTERY PICK
 2PM BOOK CLUB: SHORT STORIES
 4PM WALKING CLUB & POSITIVE AFFIRMATIONS

8
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 GAME: DUCK HUNT
 1:30 ROSARY WITH SR. LUCILLE
 2PM BIBLE STUDY WITH PAT
 3PM ARM CHAIR TRAVEL: CAPE COD/"THE CAPE"
 4PM WALKING CLUB & ANY MUSIC

9
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 LEISURE PACKS: COLORFUL CREATIONS
 1PM OLD TIME TV CLASSICS
 2PM BINGO! ON TRADITIONAL
 3PM RELAXING SOUNDSCAPES
 4PM WALKING CLUB

MOTHER'S DAY 10
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 11AM SUNDAY MASS ON TV
 1PM HAND MASSAGES & MANICURES
 2PM SUNDAY SOCIAL: AFTERNOON TEA
 4:15 WALKING CLUB & 60'S MUSIC

11
 9:15 PET THERAPY WITH JEFF AND HIS GOLDEN RETRIEVERS
 10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 COLORFUL CREATIONS
 1:30 AFTERNOON MATINEE: 80 FOR BRADY
 4PM WALKING CLUB & REMINISCING

12
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 SING A LONGS WITH PAT
 1:30 CROWNING OF MARY SERVICE & ROSARY W/ SR MARILYN IN THE SAAB CHAPEL
 3PM LANAI LOUNGING
 4PM WALKING CLUB & ANY MUSIC

13
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 BINGO!
 11AM CHAIR YOGA WITH MARCELLE
 1PM REMINISCING; BIRTHDAYS
 2PM BIRTHDAY BASH WITH MARK STANZLER ON TRAD!
 4PM WALKING CLUB & ABSTRACT ART CONVERSATIONS

14
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 COLORFUL CREATIONS
 1:30 TRIP: ASCENSION MASS AT DSC CHAPEL
 2PM BALANCE & AGILITY CLASS
 3PM BOOK CLUB
 4PM WALKING CLUB & POSITIVE AFFIRMATIONS

15
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 NATURE CONNECTION VISITS
 1:30 ROSARY WITH SR. LUCILLE
 2PM BIBLE STUDY WITH PAT
 3PM ARM CHAIR TRAVEL: HIKING THROUGH VERMONT
 4PM WALKING CLUB & ANY MUSIC

ARMED FORCES DAY 16
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 LEISURE PACKS: RIDDLES AND WORD SCRAMBLE
 1PM OLD TIME TV CLASSICS
 2PM BINGO! ON TRADITIONAL
 3PM RELAXING SOUNDSCAPES
 4PM WALKING CLUB

HAPPY BIRTHDAY ISOLINO! 17
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 11AM SUNDAY MASS ON TV
 1PM HAND MASSAGES & MANICURES
 2PM CHORAL GROUP SPRING CONCERT & SING A LONG
 4:15 WALKING CLUB & 70'S MUSIC

18
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 GAME: GIANT DARTS
 1:30 TRIP: MASS AT DSC CHAPEL
 3PM WHITE BOARD GAMES
 4PM WALKING CLUB & REMINISCING

19
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 COMMUNION IN THE CHAPEL
 1PM SUNSHINE SOCIAL
 2PM JOE MALONE PRESENTS: DORIS DAY ON TRAD
 3PM LANAI LOUNGING
 4PM WALKING CLUB & ANY MUSIC

20
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 BINGO!
 1PM REMINISCING; FAVORITE SONGS
 2PM MUSIC ENTERTAINMENT WITH BRIAN HENDERSON ON TRAD!
 4PM WALKING CLUB & ABSTRACT ART CONVERSATIONS

21
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 COLORFUL CREATIONS
 1PM COOKING CLUB: RED, WHITE & BLUE M&M COOKIES
 2PM SUNSHINE SOCIAL
 3PM BOOK CLUB: SHORT STORIES
 4PM WALKING CLUB & POSITIVE AFFIRMATIONS

22
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 CRAFT: PATRIOTIC DOOR DECORATIONS
 1:30 ROSARY WITH SR. LUCILLE
 2PM BIBLE STUDY WITH PAT
 3PM ARM CHAIR TRAVEL: WHITE MOUNTAINS OF NH
 4PM WALKING CLUB & ANY MUSIC

23
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 LEISURE PACKS: WORD SEARCH & CROSSWORD PUZZLES
 1PM OLD TIME TV CLASSICS
 2PM BINGO! ON TRADITIONAL
 3PM RELAXING SOUNDSCAPES
 4PM WALKING CLUB

24
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 11AM SUNDAY MASS ON TV
 1PM HAND MASSAGES & MANICURES
 2PM SUNDAY SOCIAL: SNACKS & CHATS
 4:15 WALKING CLUB & ANY MUSIC

MEMORIAL DAY 25
HAPPY BIRTHDAY JUDY!
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 OLD TIME TV CLASSICS
 1:30 AFTERNOON MATINEE: HAIRSPRAY!
 2PM BINGO! ON TRADITIONAL
 4PM WALKING CLUB & REMINISCING

26
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 RESIDENT COUNCIL
 11AM PAT'S MYSTERY PICK
 1:30 TRIP: MASS AT DSC CHAPEL
 3PM LANAI LOUNGING
 4PM WALKING CLUB & ANY MUSIC

27
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:15 BINGO!
 11AM CHAIR YOGA WITH MARCELLE
 1PM REMINISCING; OUTDOOR GAMES
 2PM GAME: SHUFFLEBOARD
 4PM WALKING CLUB & ABSTRACT ART CONVERSATIONS

28
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 COLORFUL CREATIONS
 1PM WORD GAMES
 2PM BALANCE & AGILITY CLASS
 3PM BOOK CLUB
 4PM WALKING CLUB & POSITIVE AFFIRMATIONS

29
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 GAME: PAT'S PICK
 1:30 ROSARY WITH SR. LUCILLE
 2PM BIBLE STUDY WITH PAT
 3PM ARM CHAIR TRAVEL: NEW ENGLAND SUMMER SPOTS
 4PM WALKING CLUB & ANY MUSIC

30
 9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS
 10:30 LEISURE PACKS: THIS OR THAT
 1PM OLD TIME TV CLASSICS
 2PM BINGO! ON TRADITIONAL
 3PM RELAXING SOUNDSCAPES
 4PM WALKING CLUB

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SATURDAY

31

9:30 MORNING GATHERING, EXERCISE &
DAILY CHRONICLE NEWS
11AM SUNDAY MASS ON TV
1PM HAND MASSAGES & MANICURES
2PM SUNDAY SOCIAL: MUSIC TRIVIA AND
TREATS
4:15 WALKING CLUB & ANY MUSIC

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