

**M O N D A Y**

**T U E S D A Y**

**W E D N E S D A Y**

**T H U R S D A Y**

**F R I D A Y**

**S A T U R D A Y**

**1**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 WHITE BOARD GAMES  
 1:30 TRIP: MASS AT DSC CHAPEL  
 3PM BIRTHDAY CARD CLUB  
 4PM WALKING CLUB

**2**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 COMMUNION IN THE CHAPEL  
 11AM SUNSHINE SOCIAL  
 1PM BULLETIN BOARD CRAFT  
 2PM BULLETIN BOARD MAKEOVER  
 3PM WORD GAMES  
 4PM WALKING CLUB

**3**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 BINGO!  
 1PM REMINISCING GROUP  
 2PM GAME: LADDER BALL  
 3PM CONVERSATION BOWL  
 4PM WALKING CLUB  
 6:30 SUMMER CONCERT SERIES: ED DORAZIO & PETER PREVITE

**4**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 SUNSHINE SOCIAL/SHORT STOIRES  
 1PM AFTERNOON STRETCH  
 2PM CARDIO DRUMMING  
 3PM LANAI LOUNGING  
 4PM WALKING CLUB

**5**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 GAME: HEAD BANDS  
 1:30 ROSARY WITH SR. LUCILLE  
 2PM BIBLE STUDY WITH PAT  
 2PM LETS KETCHUP WITH THE DIETICIAN ON TRADITIONAL  
 3PM ARM CHAIR TRAVEL: EAST COAST SHORELINES  
 4PM WALKING CLUB

**6**

10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:30 WHITE BOARD GAMES  
 1PM CLASSIC OLD TIME TV FAVORITIES: "I LOVE LUCY"  
 2PM BINGO! ON TRADITIONAL  
 3PM AFTERNOON WIND DOWN  
 4PM WALKING CLUB

**S U N D A Y**

**7**

10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 11AM SUNDAY MASS ON TV  
 1PM HAND MASSAGES & MANICURES  
 2PM SUNDAY SOCIAL: CHATS & SNACKS  
 4PM WALKING CLUB

**8**

9:15 PET THERAPY WITH JEFF AND HIS GOLDEN RETRIEVERS  
 10:15 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 11AM WHITE BOARD GAMES  
 1:30 TRIP: MASS AT DSC CHAPEL  
 3PM I SPY; CHAT SESSIONS  
 4PM WALKING CLUB

**9**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 SING A LONGS  
 11AM SUNSHINE SOCIAL  
 1PM CRAFT: LIGHTHOUSE PANELS  
 2PM GAME: TIERED PONG  
 3PM Pictionary  
 4PM WALKING CLUB

**10**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 11AM CHAIR YOGA WITH MARCELLE  
 2PM JOE MALONE PRESENTS: GREAT MOMENTS IN BOSTON SPORTS HISTORY ON TRAD  
 3:15 BINGO!  
 4PM WALKING CLUB  
 6:30 SUMMER CONCERT SERIES: DON & MARY CLARK "THE SINGING TROUP"

**11**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 SUNSHINE SOCIAL/SHORT STORIES  
 12:30 TRIP: BACH'S SERIES AT GROTON HILL MUSIC THEATER  
 2PM BALANCE & AGILITY CLASS  
 3PM LANAI LOUNGING  
 4PM WALKING CLUB

**12**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 NATURE CONNECTION VISITS  
 1:30 ROSARY WITH SR. LUCILLE  
 2PM BIBLE STUDY WITH PAT  
 3PM ARM CHAIR TRAVEL: NEW ENGLAND SHORELINES  
 4PM WALKING CLUB

**13**

10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:30 Pictionary  
 1PM CLASSIC OLD TIME TV FAVORITIES: "THE HONEYMOONERS"  
 2PM BINGO! ON TRADITIONAL  
 3PM AFTERNOON WIND DOWN  
 4PM WALKING CLUB

**FLAG DAY**

**14**

10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 11AM SUNDAY MASS ON TV  
 1PM HAND MASSAGES & MANICURES  
 2PM SUNDAY SOCIAL: TREATS & TRIVIA  
 4PM WALKING CLUB

**15**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 WHITE BOARD GAMES  
 1:30 TRIP: MASS AT DSC CHAPEL  
 3PM I SPY; CHAT SESSIONS  
 4PM WALKING CLUB

**16**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 COMMUNION IN THE CHAPEL  
 11AM SUNSHINE SOCIAL  
 1PM CRAFT: PATRIOTIC PIN WHEELS  
 2PM GAME: TABLE TOP SKI BALL  
 3PM WORD GAMES  
 4PM WALKING CLUB

**17**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 BINGO!  
 1PM REMINISCING GROUP  
 2PM BIRTHDAY BASH WITH MARK STANZLER ON TRAD!  
 3PM CONVERSATION BOWL  
 4PM WALKING CLUB  
 6:30 SUMMER CONCERT SERIES: MERRIMACK VALLEY ACAPPELLA CHORUS

**18**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 SUNSHINE SOCIAL/SHORT STORIES  
 1PM AFTERNOON STRETCH  
 2PM CARDIO DRUMMING  
 3PM LANAI LOUNGING  
 4PM WALKING CLUB

**19**

**JUNETEENTH**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 CRAFT: SEA SHELL PAINTING  
 1:30 ROSARY WITH SR. LUCILLE  
 2PM BIBLE STUDY WITH PAT  
 3PM ARM CHAIR TRAVEL: NEW ENGLAND SUMMER SPOTS  
 4PM WALKING CLUB

**20**

10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:30 WHITE BOARD GAMES  
 1PM CLASSIC OLD TIME TV FAVORITIES: "THE LUCY SHOW"  
 2PM BINGO! ON TRADITIONAL  
 3PM AFTERNOON WIND DOWN  
 4PM WALKING CLUB

**FATHER'S DAY**

**21**

10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 11AM SUNDAY MASS ON TV  
 1PM HAND MASSAGES & MANICURES  
 2PM SUNDAY SOCIAL: BOOZE & TATTOO'S  
 4PM WALKING CLUB

**22**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 WHITE BOARD GAMES  
 1:30 TRIP: MASS AT DSC CHAPEL  
 3PM I SPY; CHAT SESSIONS  
 4PM WALKING CLUB

**23**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 SING A LONGS  
 11AM RESIDENT COUNCIL  
 2PM GAME: SHUFFLEBOARD  
 3PM Pictionary  
 4PM WALKING CLUB

**24**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 BINGO!  
 11AM CHAIR YOGA WITH MARCELLE  
 2PM HAPPY HOUR WITH WENDEE GLICK & STEVE ON PIANO ON TRAD  
 3PM CONVERSATION BOWL  
 4PM WALKING CLUB  
 6:30 SUMMER CONCERT SERIES: WENDEE GLICK & FRIENDS

**25**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 SUNSHINE SOCIAL/SHORT STORIES  
 1PM AFTERNOON STRETCH  
 2PM BALANCE & AGILITY CLASS  
 3PM LANAI LOUNGING  
 4PM WALKING CLUB

**26**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 GAME: NOODLE VOLLEY  
 1:30 ROSARY WITH SR. LUCILLE  
 2PM CONVERSATION BOWL  
 3PM ARM CHAIR TRAVEL: MAINE: VACATIONLAND  
 4PM WALKING CLUB

**27**

10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:30 Pictionary  
 1PM CLASSIC OLD TIME TV FAVORITIES: "CLASSIC BLOOPERS"  
 2PM BINGO! ON TRADITIONAL  
 3PM AFTERNOON WIND DOWN  
 4PM WALKING CLUB

**28**

10AM MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 11AM SUNDAY MASS ON TV  
 1PM HAND MASSAGES & MANICURES  
 2PM SUNDAY SOCIAL: PAULINA'S PICK  
 4PM WALKING CLUB

**29**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 WHITE BOARD GAMES  
 1:30 TRIP: MASS AT DSC CHAPEL  
 3PM I SPY; CHAT SESSIONS  
 4PM WALKING CLUB

**30**

9:30 MORNING GATHERING, EXERCISE & DAILY CHRONICLE NEWS  
 10:15 SING A LONGS  
 11AM SUNSHINE SOCIAL  
 1PM CRAFT: MAKE YOUR OWN AQUARIUM  
 2PM GAME: HORSE RACING  
 3PM WORD GAMES  
 4PM WALKING CLUB

# JUNE

2026

