

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	1
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM SUNDAY SOCIAL: TRIVIA & TREATS	PL
3:15 GAME: APPLES TO APPLES	LE

	2
9:30 EXERCISE!	LE
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR. MARILYN	CH
3:15 WELCOME COMMITTEE & BIRTHDAY CARD CLUB	LE

	3
9:30 EXERCISE!	LE
10:15 COMMUNION SERVICE	CH
10:15 COOKING CLUB: LEPRECHAUN BARK	CR
2PM CRAFT: CERAMIC LEPRECHAUNS	LE
3PM SAAB CHORAL GROUP	CH

	4
9:15 TRIP: MARKET BASKET	L
9:30 EXERCISE!	LE
10:15 SERVICE OF PRAYER AND REMEMBRANCE	CH
2PM HAPPY HOUR WITH CLAUDE BORGES!	DR
3:15 GAME: WORD MINING	LE

	5
9:30 EXERCISE!	LE
10:15 BINGO!	DR
1PM INFORMATIONAL CHAT W/ GOLDEN YEARS MEDICINE: ADVANCE CARE PLANNING	LE
2PM BALANCE & AGILITY CLASS	DR
3:15 LEARN TO PLAY MAHJONG	LE

	6
9:30 EXERCISE!	LE
10:15 CRAFT: JEWELRY MAKING WITH MARCY WINER	LE
1:30 TRIP: STATIONS OF THE CROSS	L
3PM CRAFT: MAKE YOUR OWN TEDDY BEAR	LE

	7
HAPPY BIRTHDAY DORIS!	
9:30 EXERCISE!	LE
10:15 GAME: RESIDENT LED BUFFALO NICKLES	LE
2PM BINGO!	DR
3:15 SCRABBLE CLUB	C

	8
DAYLIGHT SAVINGS	
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM SUNDAY SOCIAL: CHOCOLATE TASTING	PL
3:15 GAME: LEARN CRIBBAGE	LE

	9
9:30 EXERCISE!	LE
10AM PET VISITS WITH JEFF	PL
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR MARILYN	CH
3:15 CARDIO DRUMMING	LE

	10
9:30 EXERCISE!	LE
10:15 COOKING CLUB: LUCKY CHARM RICE KRISPY BARS	CR
2PM ROSARY W/ SR. MARILYN	CH
2PM CRAFT: EASTER WREATHS	LE
3PM SAAB CHORAL GROUP	CH
3PM MEN'S GROUP	CR

	11
9:15 TRIP: DOLLAR TREE	L
9:15 CHAIR YOGA WITH MARCELLE	LE
10:30 GAME: LEPRECHAUN RACES	LE
2PM JOE MALONE PRESENTS: LUCILLE BALL	DR
3:15 TASTE TESTING: PICKLE PARTY	C

	12
9:30 EXERCISE!	LE
10:15 BINGO!	DR
1:30 TRIP: BACH LUNCH SERIES AT GROTON HILL MUSIC THEATER	L
3:15 LEARN TO PLAY MAHJONG	LE

	13
HAPPY BIRTHDAY LINDA!	
9:30 EXERCISE!	LE
10:15 TRIVIA: CAN YOU LIST THIS?	LE
1:30 TRIP: STATIONS OF THE CROSS	L
3:15 SAAB SHOP: SIGN UP FOR AN APPOINTMENT	

	14
9:30 EXERCISE!	LE
10:15 RESIDENT LED: COLORFUL CREATIONS	LE
2PM BINGO!	DR
3:15 SCRABBLE CLUB	C

	15
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM SUNDAY SOCIAL: SHAMROCK SODAS	PL
3:15 GAME: TARGET PRACTICE	LE

	16
9:30 EXERCISE!	LE
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR MARILYN	CH
3:15 GAME: WHEEL OF FORTUNE	LE

	17
ST. PATRICK'S DAY	
9:30 EXERCISE!	LE
10:15 COMMUNION SERVICE	CH
10:15 ST. PATRICK'S SCAVENGER HUNT	L
2PM ST. PATRICK'S DAY PARTY WITH A LIVE AND INTERACTIVE MUSICAL SHOW	DR
3PM SAAB CHORAL GROUP	CH

	18
HAPPY BIRTHDAY DONNA SAINATO!	
9:15 TRIP: WALMART	L
9:30 EXERCISE!	LE
10:15 GAME: LEFT, RIGHT, CENTER	LE
2PM BIRTHDAY BASH WITH MARK STANZLER!	DR
3:15 GAME: SCATTERGORIES	LE

	19
9:30 EXERCISE!	LE
10:15 BINGO!	DR
2PM BALANCE & AGILITY CLASS	DR
3:15 LEARN TO PLAY MAHJONG	LE

	20
9:30 EXERCISE!	LE
10:30 LIBRARY BOOK MOBILE VISITS	C
1:30 TRIP: STATIONS OF THE CROSS	L
2:00 MOVIE MATINEE: "RAY" A FILM ABOUT THE LIFE OF MUSICIAN RAY CHARLES	DR

	21
9:30 EXERCISE!	LE
10:15 GAME: Pictionary	LE
2PM BINGO!	DR
3:15 SCRABBLE CLUB	C

	22
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM SUNDAY SOCIAL: SPRINGTIME INDOOR PICNIC	PL
3:15 GAME: GIANT BULLSEYE	LE

	23
9:30 EXERCISE!	LE
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR. MARILYN	CH
3:15 RESIDENT MEETING WITH ACTIVITIES	LE

	24
9:30 EXERCISE!	LE
10:15 COOKING CLUB: CARROT CAKE MUFFINS	CR
2PM ROSARY W/ SR. MARILYN	CH
2PM HATCHERY HELPERS; EASTER EGG HUNT PREP	LE
3PM SAAB CHORAL GROUP	CH
3PM MEN'S GROUP	CR

	25
9:15 CHAIR YOGA WITH MARCELLE	LE
11AM LUNCH TRIP: GOOD THYMES	L
2PM RESIDENTS ONLY MEETING	LE
3PM HAPPY HOUR W/ WENDEE GLICK & STEVE ON PIANO	L

	26
9:30 EXERCISE!	LE
10:15 BINGO!	DR
2PM RESIDENT COUNCIL	DR
3:15 LEARN TO PLAY MAHJONG	LE

	27
9:30 EXERCISE!	LE
10:15 HATCHERY HELPERS; EASTER EGG HUNT PREP	LE
1:30 TRIP: STATIONS OF THE CROSS	L
3:15 SAAB SHOP: SIGN UP FOR AN APPOINTMENT	

	28
9:30 EXERCISE!	LE
10:15 GAME: HANG MAN!	LE
1PM CANDY BAR BINGO WITH GIRL SCOUTS OF AMERICA!	DR
3:15 SCRABBLE CLUB	C

	29
PALM SUNDAY	
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR. MARILYN	CH
3:15 CRAFT: PALM LEAF CROSSES	LE

	30
9:30 EXERCISE!	LE
10:15 GIANT CROSSWORD	LE
2PM MUSIC ENTERTAINMENT WITH BRIAN HENDERSON	DR
3:15 GAME: PLINKO	LE

	31
9:30 EXERCISE!	LE
10:15 COOKING CLUB: EASTER M&M BLONDIES	CR
1:30 HATCHERY HELPERS; EASTER EGG HUNT PREP	LE
3PM SAAB CHORAL GROUP	CH
4PM ONE SEATING FOR DINNER	DR
5:30 EASTER EGG HUNT	



MARCH
2026

D'YOUVILLE LIFE & WELLNESS COMMUNITY
The Saab Residence
Affordable Assisted Living & Memory Care

LOCATION KEY:
LE = LIFE ENRICHMENT ROOM
DR = DINING ROOM
C = CAFE
L = LOBBY
CH = CHAPEL
CR = COMMUNITY ROOM
PL = PAWTUCKET LANE
GM = GYM