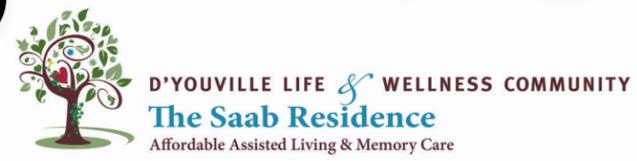


LOCATION KEY:
 C = CAFE
 L = LOBBY
 CH = CHAPEL
 DR = DINING ROOM
 PL = PAWTUCKET LANE
 CR = COMMUNITY ROOM
 LE = LIFE ENRICHMENT ROOM
 GM = GYM

JANUARY 2026



T H U R S D A Y

NEW YEAR'S DAY	1
HAPPY BIRTHDAY GLORINDA!	
9:30 EXERCISE!	LE
10:15 WELCOME COMMITTEE & BIRTHDAY CARD CLUB	LE
2PM BALANCE & AGILITY CLASS	DR
3:15 RESIDENT LED: WOOD PAINTING	LE

F R I D A Y

	2
9:30 EXERCISE!	LE
10:15 GAME: WHEEL OF FORTUNE	C
2:00 SLIDESHOW: SAAB RESIDENCE 10 YEARS IN REVIEW!	DR
3:15 SAAB SHOP: SIGN UP FOR AN APPOINTMENT	

S A T U R D A Y

	3
9:30 EXERCISE!	LE
10:15 GAME: APPLES TO APPLES	LE
2PM BINGO!	DR
3:15 SCRABBLE CLUB OR LEFT, RIGHT CENTER	C

S U N D A Y

	4
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM SUNDAY SMARTS SOCIAL: TRIVIA TIME & TREATS	PL
3:15 JOIN US FOR A SNOWBALL FIGHT!	LE

M O N D A Y

HAPPY 100 TH BIRTHDAY HELEN!	5
9:30 EXERCISE!	LE
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR. MARILYN	CH
3:15 RESIDENT LED: CONNECT 4	LE

T U E S D A Y

	6
9:30 EXERCISE!	LE
10:15 COMMUNION SERVICE	CH
10:15 COOKING CLUB: SOPAPILLA CHEESECAKE BARS	CR
2PM CRAFT: DIY WINTER TREE DECORATIONS	LE
3PM SAAB CHORAL GROUP	CH

W E D N E S D A Y

HAPPY BIRTHDAY RUTHIE!	7
9:15 TRIP: MARKET BASKET	L
9:30 EXERCISE!	LE
10:15 RESIDENT LED: BUFFALO NICKELS	LE
2PM MOVIE MATINEE: WICKED (PART ONE)	DR

ELVIS LIVES DAY

	8
9:30 EXERCISE!	LE
10:15 BINGO!	DR
2PM ELVIS IS IN THE BUILDING SCAVENGER HUNT	C
3:15 LEARN TO PLAY MAHJONG	LE

	9
9:30 EXERCISE!	LE
10:15 GAME: SNOWMAN RACING	C
2:00 PERFORMANCE: CLASSIC PIANIST THEOPHILUS PRATT	L
3:15 SPELLING BEE CHALLENGE	LE

	10
9:30 EXERCISE!	LE
10:15 RESIDENT LED: SHUT THE BOX	LE
2PM BINGO!	DR
3:15 SCRABBLE CLUB OR ADULT COLORING	C

	11
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM MOVIE MATINEE: THE GODFATHER PART 1	DR
3:15 RESIDENT LED: ADULT COLORING OR PAINTING	LE

	12
9:30 EXERCISE!	LE
10AM PET VISITS WITH JEFF	PL
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR MARILYN	CH
3:15 RESIDENT LED: GIANT CHECKERS	LE

	13
9:30 EXERCISE!	LE
10:15 COOKING CLUB: NO BAKE OREO TRUFFLES	CR
2PM ROSARY W/ SR. MARILYN	CH
3PM SAAB CHORAL GROUP	CH
3PM MEN'S GROUP	CR

	14
9:15 TRIP: DOLLAR TREE	L
9:15 CHAIR YOGA WITH MARCELLE	LE
10:30 DIY: TIE DYE CREATION! - SIGN UP (PART 1)	LE
2PM BIRTHDAY BASH WITH MARK STANZLER!	DR
3:15 FINISHING TIE DYE CRAFT	LE

	15
9:30 EXERCISE!	LE
10:15 TRIP: BACH LUNCH SERIES - CELLIST DANIEL CHOUINARD	L
2PM BALANCE & AGILITY CLASS	DR
3:15 LEARN TO PLAY MAHJONG	LE

	16
9:30 EXERCISE!	LE
10:15 GAME: PLINKO	LE
2:00 LIBRARY BOOK MOBILE VISITS	C
3:15 SAAB SHOP: SIGN UP FOR AN APPOINTMENT	

	17
9:30 EXERCISE!	LE
10:15 GAME: THE PRICE IS RIGHT	LE
2PM BINGO!	DR
3:15 SCRABBLE CLUB OR UNO	C

	18
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM SUNDAY SOCIAL: HOT COCOA BAR WITH PAULINA	PL
3:15 GAME: TARGET PRACTICE	LE

MARTIN LUTHER KING JR. DAY 19

9:30 EXERCISE!	LE
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	LE
3PM COMMUNION W/ SR MARILYN	CH
3:15 RESIDENT LED: MAGNETIC CHESS	LE

	20
9:30 EXERCISE!	LE
10:15 COOKING CLUB: CHOCOLATE CHIP BANANA BREAD	CR
2PM CRAFT: VALENTINE'S DAY DOOR DECORATIONS	LE
3PM SAAB CHORAL GROUP	CH

	21
9:15 TRIP: WALMART	L
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM DIY: FLOWER ARRANGING - SIGN UP	LE
3:15 CARDIO DRUMMING CIRCLE	LE

	22
9:30 EXERCISE!	LE
10:15 BINGO!	DR
1:30 PAINT AND SIP W/ PAULINA: TO ENJOY A DRINK AND STEP BY 4:30 STEP TUTORIAL!	LE

MOTHER ANGELINE DAY 23

9:30 EXERCISE!	LE
10:15 GAME: WHEEL OF FORTUNE	C
1:30 SNACKS IN THE LOBBY FOR MOTHER ANGELINE DAY	L
2:00 VALENTINE CRAFT: JEWELRY BOX AND A BRACELET	LE
3:15 MEET AND GREET: JEN HART, NEW PROGRAM DIRECTOR	LE

	24
9:30 EXERCISE!	LE
10:15 RESIDENT LED: RING SWING COMPETITION	LE
2PM BINGO!	DR
3:15 SCRABBLE CLUB OR CONVERSATION BOWL	C

	25
9:30 EXERCISE!	LE
10:30 HAND MASSAGES & MANICURES - SIGN UP	LE
2PM MOVIE MATINEE: THE GODFATHER PART 2	DR

HAPPY BIRTHDAY EVELYN! HAPPY BIRTHDAY JANE!

9:30 EXERCISE!	LE
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR. MARILYN	CH
3:15 RESIDENT MEETING WITH ACTIVITIES	LE

	27
9:30 EXERCISE!	LE
10:15 COOKING CLUB: SOUP FOR COMPETITION	CR
2PM ROSARY W/ SR. MARILYN	CH
3PM SAAB CHORAL GROUP	CH
3PM MEN'S GROUP	CR

	28
9:15 CHAIR YOGA WITH MARCELLE	LE
10:30 LUNCH TRIP: MAMA'S ITALIAN RESTAURANT & CARD STORE	L
2PM JOE MALONE PRESENTS: TONY BENNETT	DR
3:15 RESIDENTS ONLY MEETING	LE

	29
9:30 EXERCISE!	LE
10:15 CRAFT: FINISHING PROJECTS	LE
2PM RESIDENT COUNCIL	DR
3:15 LEARN TO PLAY MAHJONG	LE

	30
9:30 EXERCISE!	LE
10:15 GAME: HORSERACING	LE
2:00 TASTE TESTING: SOUP COMPETITION	C
3:15 SAAB SHOP: SIGN UP FOR AN APPOINTMENT	

HAPPY BIRTHDAY PETER!

9:30 EXERCISE!	LE
10:15 GAME: ROULETTE	LE
2PM BINGO!	DR
3:15 SCRABBLE CLUB OR KINGS IN THE CORNER	C