

LOCATION KEY:
LE = LIFE ENRICHMENT ROOM
PL = PAWTUCKET LANE
C = CAFE
DR = DINING ROOM
CR = COMMUNITY ROOM
L = LOBBY
CH = CHAPEL

	M O N D A Y	T U E S D A Y	W E D N E S D A Y	T H U R S D A Y	F R I D A Y	S A T U R D A Y
	1	2	3	4	5	6
	9:30 EXERCISE! LE 10:15 GIANT CROSSWORD LE 1:30 TRIP TO MASS L 2PM CRAFT: WOODEN ADVENT CALENDAR FOR THE HOUSE LE 3PM COMMUNION W/ SR. MARILYN CH 3PM LOWELL SENIOR CENTER SINGERS PERFORM DR	9:30 EXERCISE! LE 10:15 COMMUNION SERVICE CH 10:15 COOKING CLUB: HOT COCOA FUDGE SQUARES CR 2PM B-DAY CARD CLUB C 3PM SAAB CHORAL GROUP 3PM MEN'S GROUP LE	HAPPY BIRTHDAY EILEEN L.! L 9:15 TRIP: MARKET BASKET L 9:15 CHAIR YOGA W/ MARCELLE LE 10:30 CRAFT: GINGERBREAD HOUSE CREATIONS FOR COMPETITION LE 2PM HAPPY HOUR: LIVE MUSIC WITH CLAUDE BORGES DR 3:15 CRAFT: GINGERBREAD HOUSES PART 2 LE	ANNUAL SAAB TREE LIGHTING L 9:30 EXERCISE! LE 10:15 TRIP: ELISABETH'S CLOSET L 2PM ADVENT SERVICE WITH DEBBIE SCIONTI DR 3:15 JEOPARDY: CHRISTMAS DR 4:30 TREE LIGHTING: HOR'S DEVOURS AND CHAMPAGNE! DR	HAPPY BIRTHDAY DICK! LE 9:30 EXERCISE! LE 10:15 HOLIDAY JEWELRY MAKING W/ MARCY - SIGN UP LE 2PM MOVIE MATINEE: WHITE CHRISTMAS W/ BING CROSBY DR 3:15 DECORATE THE LOBBY TREE AND HAVE SOME EGGNOG! L	9:30 EXERCISE! LE 10:15 TRIP: GINGERBREAD HOUSE COMPETITION SPONSORED BY DRACUT ROTARY CLUB LE 2PM BINGO! DR 3:15 SCRABBLE CLUB OR UNO C
S U N D A Y	7	8	9	10	11	12
	9:30 EXERCISE! LE 10:30 HAND MASSAGES AND MANICURES - SIGN UP LE 2PM SUNDAY SOCIAL: GIRL SCOUT TROOP COMES & SINGS CHRISTMAS CAROLS! DR 3:15 DECORATE FOR CHRISTMAS L	9:30 EXERCISE! LE 10AM PET VISITS WITH JEFF PL 10:15 GIANT CROSSWORD LE 1:30 TRIP TO MASS L 3PM COMMUNION W/ SR MARILYN CH 3:15 ENTERTAINER: WENDEE GLICK AND STEVE L	9:30 DUMBBELL EXERCISE LE 10:15 COOKING CLUB: COOKIES FOR MARY AND JOSEPH! CR 2PM A VISIT FROM MARY AND JOSEPH IN HONOR OF LAS POSADAS C 2PM ROSARY W/ SR. MARILYN CH 2:30 CAROLERS FROM MARY MAGDELENE CHURCH CHOIR PL	9:15 TRIP: DOLLAR TREE L 9:30 EXERCISE! LE 10:15 CRAFT: PIPE CLEANER HOLIDAY FLOWERS LE 2PM PRESENTATION: BING CROSBY WITH JOE MALONE DR 3:15 FINISHING CHRISTMAS DECORATING L	HAPPY BIRTHDAY ALEX! L 9:30 EXERCISE! LE 10:15 BINGO! DR 2PM CRAFT: CENTERPIECES FOR HOLIDAY BRUNCH LE 3:15 VIRTUAL ARM CHAIR TRAVEL: CHRISTMAS IN MEXICO DR 5:15 DRIVE: CHRISTMAS LIGHTS L	9:30 PLATE EXERCISE! LE 10:15 SPEAKER: SARA S. FROM AGESPAN: PROTECT YOURSELF FROM MEDICARE FRAUD LE 2PM MOVIE MATINEE: THE SANTA CLAUSE W/ TIM ALLEN LE 3:15 SAAB SHOPPE: SIGN UP FOR AN APPOINTMENT PLEASE!
	14	15	16	17	18	20
	9:30 EXERCISE! LE 10AM EXPRESSIVE ARTS DANCE COMPANY PERFORMANCE DR 1PM HAND MASSAGES & MANICURES - SIGN UP LE 3:15 LEARN TO PLAY: MAJONGG C	9:30 EXERCISE! LE 10:15 GIANT CROSSWORD C 1:30 TRIP TO MASS L 3PM COMMUNION W/ SR. MARILYN CH 3:15 RESIDENT MEETING WITH ACTIVITIY DEPARTMENT DR	ANNUAL CHRISTMAS BRUNCH L 9:30 EXERCISE! LE 10:15 COMMUNION SERVICE CH 10:30 ANNUAL CHRISTMAS BRUNCH - WITH A VISIT FROM SANTA, DR 1:30 GAMES AND PHOTOS! DR 2PM GAME: PASS THE PRESENT LE 3PM MEN'S GROUP CR 3PM SAAB CHORAL GROUP CH	9:15 TRIP: WAL-MART L 9:15 CHAIR YOGA W/ MARCELLE LE 10:30 CRAFT: MAKING CHRISTMAS CARDS FOR LOVED ONES LE 2PM CRAFT: DIY SNOWMAN FOR RACING GAME TOMORROW! LE 3:15 RESIDENTS ONLY MEETING LE	9:30 EXERCISE! LE 10:15 GAME: SNOWMAN RACING! LE 2PM RESIDENT COUNCIL DR 3:15 GAME: WHEEL OF FORTUNE LE	UGLY SWEATER DAY L 9:30 EXCERCISE W/ SCARVES LE 10:15 PAINT N' SIP WITH PAULINA: WINTER EDITION - SIGN UP LE 2PM LIBRARY BOOK MOBILE VISITS C 3:15 PAINT N' SIP WITH PAULINA: WINTER EDITION (PART 2) LE PRIZE AWARDED FOR UGLIEST SWEATER!
	21	22	23	24	25	26
	HAPPY BIRTHDAY JEAN! L 9:30 EXERCISE! LE 10:30 HAND MASSAGES & MANICURES - SIGN UP LE 2PM SAAB CHORAL GROUP RECITAL AND SING A LONG DR 3:15 LEARN TO PLAY: MAJONGG C FIRST DAY OF WINTER	9:30 EXERCISE! LE 10:15 GIANT CROSSWORD LE 1:30 TRIP TO MASS L 3PM COMMUNION W/ SR. MARILYN CH 3:15 CRAFT: ORNAMENT MAKING LE	9:30 DUMBBELL EXERCISE LE 10:15 COOKING CLUB: FESTIVE CHERRY SNOWBALLS CR 2PM GAME: REINDEER RING TOSS LE 2PM ROSARY W/ SR. MARILYN CH 3:15 HAPPY HOUR: MICHEL PERFORMS ON THE PIANO! L	CHRISTMAS EVE L 9:30 EXERCISE LE 10:30 LUNCH TRIP: PRIMOS PIZZA L 2PM GAME: POKENO! 3:15 YANKEE SWAP - SIGN UP DR C	MERRY CHRISTMAS! L 9:30 EXERCISE! LE 10:15 BINGO! DR 2PM MOVIE: THE NATIVITY STORY DR 3:15 ADULT COLORING: CHRISTMAS THEMED LE	KWANZAA BEGINS L 9:30 EXERCISE! LE 10:15 CRAFT: BUILD AND DECORATE CARS TO RACE LE 2PM HELP THE ACTIVITY TEAM: BEAD SORTING LE 3:15 SAAB SHOPPE: SIGN UP FOR AN APPOINTMENT PLEASE! LE
	28	29	30	31	D E C E M B E R 2 0 2 5	
	9:30 EXERCISE! LE 10:30 HAND MASSAGES & MANICURES - SIGN UP LE 2PM MOVIE: THE HOLIDAY DR 3:15 LEARN TO PLAY: MAJONGG C	9:30 EXERCISE! LE 10:15 GIANT CROSSWORD LE 1:30 TRIP TO MASS L 3PM COMMUNION W/ SR. MARILYN CH 3:15 CRAFT: FINISING PROJECTS LE	9:30 DUMBBELL EXERCISE LE 10:15 COOKING CLUB: APPS AND DRINKS FOR HAPPY HOUR CR 2PM GAME: CAR RACING LE 3PM MEN'S GROUP CR 3PM SAAB CHORAL GROUP LE	NEW YEAR'S EVE L 9:15 CHAIR YOGA W/ MARCELLE L 10:30 CRAFT: MAKE YOUR OWN NEW YEAR PARTY HAT/POPPERS LE 2PM HAPPY HOUR: NEW YEAR'S EVE PARTY! C 3:15 GAME: LET'S MAKE A DEAL! LE		



D'YOUVILLE LIFE & WELLNESS COMMUNITY
The Saab Residence
Affordable Assisted Living & Memory Care