

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2024

					<p>9:30 PowerUp Exercise 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Birthday Card Club 1:00 Indoor Walking Workout 2:00 Bulletin Board Refresh & Monthly Gazette 3:15 Afternoon Movie & Popcorn! <i>Home for the Holidays</i> 4:15 Beads Matching Game</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary on TV 1:00 Indoor Walking Workout 2:00 Rock 'n' Roll BINGO 3:15 Trivia Social Hour & Refreshments 4:15 Poems of Gratitude</p>
<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 Sundae Ice Cream Social <i>Pick your own toppings!</i> 3:15 Hand Massages & Manicures 4:15 Indoor Ladderball Game</p> <p>Daylight Saving Time Ends</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Volunteer Visits: <i>Macrame Bracelet Making</i> 1:00 Indoor Walking Workout 2:00 Celebrate National Candy Day: <i>Making Oreo Turkeys!</i> 3:15 Cornhole Fun Time 4:15 Plants & Animals: 15 Wild Animals</p>	<p>9:30 Daily Delights Circle 10:00 Communion Services in the Chapel w/ Steve or Debbie 10:30 Morning Refreshments 11:00 Volunteer Visits: <i>Pastime Scrapbooking Craft</i> 1:00 Country Scenic Drive 2:30 Indoor Walking Workout 3:15 Baking Club: <i>Baked Apple Pie Tacos</i> 4:15 Funny Short Stories</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Long Word, Short Word Game <i>Elvis Song-Lyrics Themed</i> 12:00 Retro Rock Bash with Surprise Guest on Traditional! 2:00 Elvis Iced Tea Social 3:15 Classic Movie Viewing: Elvis stars in, "Loving You" (1957)</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Volunteer Visits: <i>Thankful Connections</i> <i>Paper Chain Activity</i> 1:30 Bus to Mass 3:00 Afternoon Refreshments 3:30 Fall Time Painting Circle 4:15 Indoor Walking Workout</p>	<p>9:30 Powerup Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Cheery Chrysanthemums 1:00 Indoor Walking Workout 2:00 Hungry Hippos Game! 2:30 Afternoon Refreshments 3:15 Heartwarming Short Stories <i>"Why He Carried the Turkey"</i> 4:15 Name 10 Game</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary Service on TV 1:00 Indoor Walking Workout 2:00 Who Am I? Trivia <i>November Birthdays</i> 2:30 Afternoon Refreshments 3:15 Trivia Social Hour & Refreshments 4:15 Ladderball Competition</p>
<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 National Vanilla Cupcake Day! <i>Decorate your own cupcakes</i> 3:15 Hand Massages & Manicures 4:15 Volleyball Toss</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Veteran's Day Craft: <i>Patriotic Wooden Stars</i> 1:00 Indoor Walking workout 2:00 Veteran's Day Service over on Traditional 3:15 Finishing Lines 4:15 Funny Short Stories</p> <p>Veterans Day</p>	<p>9:30 PowerUp Exercises 10:15 Morning Scenic Trip Down Memory Lane in Lowell 1:00 November MatchUp Memory Game 2:00 Balance & Agility Class 3:15 Happy Hour Social & Trivia November EZ Does It Trivia 4:15 Indoor Walking Workout</p>	<p>9:30 Daily Delights Circle 10:00 Whiteboard Games: BOGGLE 10:30 Morning Refreshments 11:00 Chair Yoga w/ Marcelle 1:00 Sing-Along Chorus Time 2:00 Joe Malone Presents! on Trad <i>The Andrew Sisters</i> 3:15 Afternoon Refreshments 4:00 Classic TV Specials: <i>My Three Sons, "Chips Harvest"</i></p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Volunteer Visits: <i>Thankful Pinecone Felt Craft</i> 1:30 Bus to Mass 3:00 Afternoon Refreshments 3:30 Thanksgiving Traditions from Around the World 4:15 Guess in 10 Game</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Word Rhyme Game 1:00 Indoor Walking Workout 2:00 Book Mobile Visit from The Pollard Library in Trad Cafe 2:30 Memory Card Table Game 3:15 Afternoon Movie & Popcorn! <i>It Happened on 5th Ave</i></p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary Service on TV 1:00 Indoor Walking Workout 2:00 Thanksgiving BINGO! 2:30 Afternoon Refreshments 3:15 Trivia Social Hour & Refreshments 4:15 Who Am I? Guessing Game <i>Icons from the 1950's</i></p>
<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 Hot Cocoa Social & Trivia 3:15 Hand Massages & Manicures 4:15 Cornhole Fun</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Volunteer Visits: <i>Doll Therapy, Nursery Visits</i> 1:00 Indoor Walking Workout 2:00 Musical Entertainment on Traditional ft. Wendee Glick 3:15 Afternoon Refreshments 4:15 Funny Bones</p>	<p>9:30 PowerUp Exercises 10:00 Communion Services in the Chapel w/ Steve or Debbie 10:30 Morning Refreshments 11:00 Volunteer Visits: <i>Giant Pong!</i> 1:30 Ecumenical Service w/ Pastor Bob at DSC Chapel 2:30 Afternoon Refreshments and Daily Chronicle 3:15 Indoor Walking Workout 4:15 TV Classics: <i>Father Knows Best</i></p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Balloon Volleyball Toss 1:00 Word Rhyme Game 2:00 Monthly Birthday Bash w/ music by Mark Stanzler! 3:15 Indoor Walking Workout 4:15 Travelogue Break: Welcome to Switzerland!</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Volunteer Visits: <i>Decorating Gingerbread Cookies</i> 1:30 Bus Trip to Mass 3:00 Afternoon Refreshments 3:30 Painting By Number Art <i>Thanksgiving Designs</i> 4:15 Guess in 10 Game</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Nature Connection Visits! 1:00 Indoor Walking Workout 2:00 All About Us Board Game 2:30 Afternoon Refreshments 3:15 Green Ball Hockey 4:15 Beads Matching Game</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary Service on TV 11:30 Friendly Darts Game 1:00 Indoor Walking Workout 2:00 It Happened in November Quiz 3:15 Trivia Social Hour & Refreshments 4:15 Finishing Lines</p>
<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 Friendly Darts Game 2:30 Afternoon Refreshments 3:15 Hand Massages & Manicures 4:15 November Dot Doodles <i>Turkey Themed</i></p>	<p>9:30 PowerUp Exercises 10:00 Resident Council Meeting 10:30 Afternoon Refreshments 11:00 Volunteer Visits: <i>Doll Therapy, Nursery Visits</i> 1:00 Indoor Walking Workout 2:00 Lowell Senior Center Singers Performance! 3:15 Afternoon Refreshments &</p>	<p>9:30 PowerUp Exercise 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Steps in Time Ballroom Dancing over on Traditional! 1:00 Sing Along 2:00 Balance & Agility Class 3:15 Afternoon Refreshments & Daily Chronicle 4:15 Sounds A Bit Fishy! True or False Guessing Game</p>	<p>9:30 Chair Yoga with Marcelle 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Finishing Lines 1:30 Bus Trip to Mass 2:30 Afternoon Refreshments 3:15 Ball Roll Parachute Game 4:15 Travelogue Break: Welcome to Alaska!</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Macy's ThDay Parade on TV! 12:00 Thanksgiving Dinner on Traditional 2:00 Turkey Bucket Toss! 2:30 Afternoon Refreshments 3:15 TV Classics: <i>Hazel, 1961</i></p> <p>Thanksgiving Day</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Name That Car Image Quiz 1:00 Indoor Walking Workout 2:00 Positive New Stories: <i>Past, Present & Future</i> 2:30 Afternoon Refreshments 3:15 Cornhole Competition 4:15 Finishing Lyrics</p>	<p>9:30 PowerUp Exercises 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary Service on TV 1:00 Indoor Walking Workout 2:00 There's No Place Like Home BINGO Game 2:30 Afternoon Refreshments 3:15 Trivia Social Hour & Refreshments 4:15 Finishing Lines</p>