

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

						<p>1</p> <p>9:00 Bus Trip to Market Basket L 9:30 Exercises with Laura! LE 10:15 Exploring Holidays: LE <i>May Day Traditions from Around the World</i> 2:00 Birthday Card Club LE 3:15 Darts Challenge! LE</p> <p>May Day!</p>		<p>2</p> <p>9:30 Exercises with Laura! LE 10:15 Reader's Theatre: LE <i>"Rise & Shine" Skit</i> 1:30 Bus Trip to Mass L 3:15 Holy Communion with Sr. Marilyn CH</p>		<p>3</p> <p>9:30 Exercises with Laura LE 10:15 Art Therapy with Billy B! LE <i>Making Jiffy Maracas</i> 11:00 Travelogue: LE <i>New Mexico, U.S.A.</i> 1:00 Walking Club L 2:00 Bowling to the Oldies LE 3:15 Tech Corner with Laura LE</p>		<p>4</p> <p>9:30 Exercises LE 10:15 Relaxation Therapy: LE <i>Folk Art Sticker-by-Number Art</i> 2:00 BINGO! DR <i>Mint Julep Mocktails & Snacks</i> 2:30 Watch the Kentucky Derby! C 3:15 Long Word, Short Word LE</p> <p>Kentucky Derby Day!</p>	
<p>5</p> <p>9:30 Exercises LE 10:15 Hand Massages and Manicures LE 11:00 Armchair Travel: LE <i>Exploring Mexico!</i> 2:00 Margaritaville Social! C Drinks, Snacks & Games</p> <p>Cinco de Mayo!</p>		<p>6</p> <p>9:30 Resident Led Exercises LE 9:30 Cranium Crunches LE 1:00 Walking Club L 2:00 Scrabble Club C 3:15 Color-by-Numbers LE <i>Spring Time Bird Houses</i></p>		<p>7</p> <p>9:30 Dumbbell Exercises with Amanda! LE 10:00 Communion Service CH with Debbie or Steve 10:15 Cooking Club: CR <i>Chicken Street Tacos</i> 2:00 "Honor Our Mother" CH with Sr. Marilyn 3:15 The Price is Right Game LE</p>		<p>8</p> <p>9:15 Bus Trip to Dollar Tree L 9:15 Chair Yoga with Marcelle LE 10:15 Wheel of Fortune! 2:00 Joe Malone Presents: DR <i>The Beatles</i> 3:15 History of the American Red Cross LE</p> <p>World Red Cross Day!</p>		<p>9</p> <p>9:30 Exercises with Laura! LE 10:15 Reader's Theatre Practice LE 1:30 Bus Trip to Mass L 3:15 Holy Communion with Sr. Marilyn CH 3:15 Garden Club LE</p>		<p>10</p> <p>9:30 Exercises with Amanda LE 10:00 Brunch for Mother's Day LE 1:00 Walking Club L 2:00 Afternoon Tea Social C Mother's Day theme! 3:15 Mother's Day Left Right Game! Prizes Awarded! LE</p> <p>Mother's Day Brunch</p>		<p>11</p> <p>9:30 Resident Led Exercise LE 10:15 This or That? Game LE 2:00 BINGO! DR 3:15 Name that Tune! LE</p>	
<p>12</p> <p>9:30 Exercises LE 10:15 Mother's Day Spa Fun and Manicures LE 11:00 Famous Mother's Day Trivia LE 2:00 Sunday Social: LE Ring Toss Challenge</p> <p>Mother's Day</p>		<p>13</p> <p>9:30 Resident Led Exercises LE 10:15 Travelogue Video: LE <i>Visiting Key West, Florida</i> 1:00 Walking Club L 2:00 Left Right Center Game LE 2:00 Scrabble Club C 3:15 Finishing Words LE</p>		<p>14</p> <p>9:30 Dumbbell Exercises with Amanda! LE 10:00 Health Chat with Kim LE from Amedysis "Healthy Aging: Falls Focus" 2:00 Bookmobile Visit with Paul & CJ from C The Pollard Library 3:15 Men's Group with Mike CR</p>		<p>15</p> <p>9:15 Bus Trip to Walmart L 9:30 Exercises with Laura! LE 10:15 Resident Meeting LE with Activities Department 2:00 Birthday Happy Hour PL ft. Mark Stanzler! 3:15 Never Have I Ever! LE</p>		<p>16</p> <p>9:15 Morning Peace Chat LE 9:30 Exercises with Laura! LE 10:15 Reader's Theatre: LE <i>"Many Hidden Facets" Skit</i> 1:30 Bus Trip to Mass L 3:15 Holy Communion with Sr. Marilyn CH 3:15 Garden Club LE</p> <p>Wear Purple for Peace Day!</p>		<p>17</p> <p>9:30 Exercises with Laura LE 10:15 Art Therapy with Billy B! LE <i>Painting Large Nature Designer Panels</i> 1:00 Walking Club L 2:00 Resident Council Meeting DR 3:15 Tech Corner with Laura LE</p>		<p>18</p> <p>9:30 Resident Led Exercise LE 10:15 Relaxation Therapy: LE <i>Folk Art Sticker-by-Number Art</i> 2:00 BINGO! DR 3:15 Armed Forces Day LE Celebration: History & Trivia</p> <p>Armed Forces Day!</p>	
<p>19</p> <p>9:30 Exercises LE 10:15 Hand Massages and Manicures LE 2:00 Sunday Social: LE <i>Cornhole Competition</i> 3:15 Table Topics LE</p>		<p>20</p> <p>9:15 Resident Led Exercises LE 9:30 Cranium Crunches LE 10:15 Finishing Words LE 1:00 Walking Club L 2:00 Lowell Senior Center PL Singers Perform! 3:15 Bowling to the Oldies LE</p>		<p>21</p> <p>9:30 Dumbbell Exercises with Amanda! LE 10:00 Communion Service CH with Debbie or Steve 10:15 Baking Club: CR <i>Berry Brownie Torte</i> 2:00 Balance & Agility with Kim C 3:15 May Facts & Trivia LE</p>		<p>22</p> <p>9:15 Bus Trip to Alec's Shoe Store L 9:15 Chair Yoga with Marcelle LE 10:15 Craft: Making Patriotic Centerpieces LE 2:00 Bible Jeopardy LE 3:15 Tabletop Games LE</p>		<p>23</p> <p>9:30 Exercises with Laura! LE 10:15 Reader's Theatre Practice LE 1:30 Bus Trip to Mass L 3:15 Holy Communion with Sr. Marilyn CH 3:15 Garden Club LE</p>		<p>24</p> <p>9:30 Exercises with Amanda LE 10:15 Art Therapy with Billy B! LE <i>Decorating Wooden Bird Houses for Patios</i> 1:00 Walking Club L 2:00 Golf Club Outside on Patio 3:15 Tech Corner with Laura LE</p>		<p>25</p> <p>9:30 Resident Led Exercise LE 10:15 Scattegories LE 2:00 BINGO! DR 3:15 Table Topics LE</p>	
<p>26</p> <p>9:30 Exercises LE 10:15 Hand Massages and Manicures LE 2:00 Sunday Social: LE <i>The Sport of Kings! A Horseracing Game</i> 3:15 Table Topics LE</p>		<p>27</p> <p>9:15 Resident Led Exercises LE 10:15 Travelogue Video: LE <i>Hiking the Pacific Northwest Trail</i> 1:00 Walking Club L 2:00 Scrabble Club C 3:15 Memorial Day Service LE</p> <p>Memorial Day</p>		<p>28</p> <p>9:30 Dumbbell Exercises with Amanda! LE 10:15 Cooking Club: CR <i>Backyard Avocado Bites</i> 2:00 Crafter's Corner: LE <i>Pretty Paper Roses</i> 3:15 Men's Group with Mike CR</p>		<p>29</p> <p>9:00 Bus Trip to Dunkin Donuts L 9:30 Exercises with Laura! LE 10:15 Can You C It? LE <i>Food & Drink Word Game</i> 2:00 Movie Classics: LE <i>West Side Story & popcorn</i> 3:15 Name 10 Game LE</p>		<p>30</p> <p>9:30 Exercises with Laura! LE 10:15 Reader's Theatre Live Performance! LE 1:30 Bus Trip to Mass L 3:15 Holy Communion with Sr. Marilyn CH 3:15 Garden Club LE</p>		<p>31</p> <p>9:30 Exercises with Laura LE 10:15 Art Therapy with Billy B! LE <i>Making Plastic Air Gardens</i> 1:00 Walking Club L 2:00 May EZ Does It: LE <i>Category Trivia Game</i> 3:15 Tech Corner with Laura LE</p>		<p>Birthdays Tom H. 5/1 Sandra P. 5/14 Donna L. 5/22 Bill B. 5/29 Bill G. 5/29</p>	