

Questions To Ask When Picking A Senior Care Community

The search for the right senior care community can be a challenge, so asking questions can help pair you or a loved one with the proper care. Many senior communities provide multiple levels of care that can allow for an independent lifestyle with the knowledge your needs will be met should they change. Learn more about the questions you should ask when picking a senior community:



Assisted Living – What is assisted living?

Assisted living is similar to independent living offering a maintenance free lifestyle and activities, but with the addition of dining services and personal care. You or a loved one will have access to assistance with daily activities that you may find difficult to perform on your own. Daily living assistance could include medication reminders, hygiene assistance, and more.

1. What is the cost of your assisted living?
2. What care services do you offer?
3. What types of transportation do you provide?
4. What happens when I need additional services?
5. What happens if there's a medical emergency?
6. What is the ratio of staff to residents during the day/night?
7. How does the facility communicate with families about a resident's well-being?
8. What apartment styles/options are available?
9. Amenities and activities?
10. What dining options are offered?

Rehab (Short Term Rehabilitation) – What is short term rehab care?

Rehabilitation helps an individual regain physical or mental abilities that have been impaired or lost due to illness or injury.

1. How does the facility communicate with families about a resident's well-being?
2. What is the ratio of staff to residents during the day/night?
3. What is the average length of stay?
4. How will progress be recorded and tracked?
5. Is there a continuum of care?
6. How many hours of therapy a day will there be?
7. Is the facility experienced in treating your loved one's condition?
8. What insurances are accepted?

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Independent Living – What is independent living?

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Independent living is tailored to the individual who is looking for a lifestyle like their current one with less maintenance. House chores are a thing of the past with this new style of living. You or a loved one has more time to pursue hobbies and be social.

1. What health care services are provided on campus?
2. What amenities and activities are offered? Weekly cleaning? Laundry?
3. What happens when I need additional services?
4. What are my options for apartments?
5. What is the cost of your community?
6. How does the facility communicate with families about a resident's well-being?
7. Do apartments have full kitchens? Is there a central dining room?

Skilled Nursing – What is skilled nursing?

Skilled nursing is when an individual requires 24/7 assistance, including care each day that must be performed by a licensed nurse. A skilled nursing community can offer a range of medical care services.

1. What medical care options do you offer?
2. How much input does a loved one have on the care being received?
3. What is the cost of skilled nursing? What insurances are accepted? Are private rooms available?
4. What will a typical day of care entail?
5. What is the visitation policy?
6. What is the ratio of staff to residents during the day/night?
7. How does the facility communicate with families about a resident's well-being?
8. What activities and amenities are available?
9. What is the CMS 5-Star rating?

Memory Care – What is memory care?

Memory care offers a specialized staff and environmental design for those diagnosed with Alzheimer's, dementia, or those experiencing other memory issues. Memory enhancing activities promote well-being and a sense of accomplishment.

1. How is memory care integrated with assisted/independent living and skilled nursing services?
2. What will a typical day of care entail?
3. What level of personal assistance can residents expect?
4. What is the ratio of staff to residents during the day/night?
5. How does the facility communicate with families about a resident's well-being?
6. What type of training does the staff have?
7. What types of rooms or apartments are available?
8. Activities and amenities?

About D'Youville Life & Wellness

D'Youville Life & Wellness Community offers independent and assisted living, rehabilitation, long-term care, Alzheimer's special care, and hospice in Lowell, MA. Our community has provided Greater Lowell and surrounding communities with exceptional elder care, earning the respect of its peers and the trust of the community at large.



To learn more or schedule a tour, call 978-569-1000 or visit: www.dyouville.org
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