

| Sunday                                                                                                                                                                                                                         | Monday                                                                                                                                                                                                                                                                                            | Tuesday                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                               | Friday                                                                                                                                                                                           | Saturday                                                                                                                                                                                              |
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|                                                                                                                                                | <b>1</b><br>9:30 Exercise Group 1 C<br>10:15 Cranium Crunches 1 LE<br>10:15 Exercise Group 2 C<br>10:15 Cranium Crunches 1 LE<br>1:30 Movie Matinee: Majority votes on Netflix Movie LE<br>1:30 Bingo 1st Floor C                                                                                 | <b>Groundhog Scavenger Hunt2</b><br>9:30 Exercise Group 1 C<br>9:30 Family Feud 2 LE<br>10:15 Exercise Group 2 C<br>10:15 Family Feud 1 LE<br><b>1:30 Communion DR</b><br>1:15 Bingo 2nd Fl. 1st 1/2 C<br>Give groundhogs to Christy<br><br>Groundhog Day    | <b>3</b><br>9:30 Exercise Group 1 C<br>9:30 Giant Crossword 2 LE<br>10:15 Exercise Group 2<br>10:15 Giant Crossword 1<br>1:30 Valentine Door Decoration Group 1 LE<br>1:30 Wheel of Fortune C                               | <b>4</b><br>9:30 <b>Ex. &amp; Yoga</b> 1 C<br>9:30 Mad Libs 1 LE<br>10:15 Ex & Yoga 2 C<br>10:15 Mad Libs 2 LE<br>1:30 Valentine Door Decoration Group 2 LE<br>1:30 Bingo 2nd fl. 2nd 1/2 C                            | <b>5</b><br>9:30 Exercise Group 1 LE<br>9:30 Boggle 1 LE<br>10:15 Exercise Group 2 C<br>10:15 Boggle 1 LE<br><br>1:00 Movie Matinee: Majority votes on Netflix Movie LE<br>1:30 Trivia Contest C | <b>6</b><br>9:30 Exercise Group 1 C<br>10:15 Exercise Group 2 C<br>1:00 Watch the Front Porch Travelogue Visit to Venice from the Activity Connection<br>1:30 White Board Word Games C                |
| <b>7</b><br>9:30 Exercise Group 1 C<br>10:15 Exercise Group 2 C<br>11:00 Watch Internet Mass LE<br><br>1:00 Trivia C<br>1:30 Coffee Cart                                                                                       | <b>20 Questions Quest Day 8</b><br>9:30 Exercise Group 1 C<br>9:30 Cranium Crunches 2 LE<br>10:15 Exercise Group 2 C<br>10:15 Cranium Crunches 1 LE<br>1:30 Bingo 1st Floor C<br><b>1:30 Mardi Gras Mask Decorating..Enter Your Mask to Win A Prize</b>                                           | <b>9</b><br>9:30 Exercise Group 1 C<br>10:00 Resident Council DR<br>11:00 Exercise Group 2 C<br><br>1:30 Bingo 2nd Fl. 1st 1/2 C<br><b>1:30 Mardi Gras Mask Decorating..Enter Your Mask to Win A Prize</b>                                                   | <b>10</b><br><b>Wear Shoes that Tap to Exercise Class</b><br>9:30 Exercise Group 1<br>9:30 Giant Crossword 2<br>10:15 Exercise Group 2<br>10:15 Giant Crossword 1 LE<br>1:30 Wedding Planners LE<br>1:30 Wheel of Fortune C | <b>11</b><br>9:30 Exercise Group 1 C<br>9:30 Cranium Crunches 1 LE<br>10:15 Exercise groups 2 C<br>10:15 Cranium Crunches 2 LE<br><b>1:30 Adult Coloring for Mardi Gras Contest LE</b><br>1:30 Bingo 2nd fl. 2nd 1/2 C | <b>12</b><br>9:30 Exercise Group 1 C<br>9:30 Jeopardy 1 LE<br>10:15 Exercise Group 2 C<br>10:15 Jeopardy 2 LE<br>1:30 Chinese Trivia Contest<br><br>Chinese New Year (Year of the Ox)            | <b>13</b><br>9:30 Exercise Group 1 C<br>9:30 Wacky Words 2 LE<br>10:15 Exercise Group 2 C<br>10:15 Wacky Words 1 LE<br>1:30 Name the Love Song Contest 1 LE                                           |
| <b>14</b><br>9:30 Exercise Group 1 C<br>10:15 Romance Trivia 1 LE<br>10:15 Romance Trivia 2 LE<br>10:15 Exercise Group 2 C<br>Valentine's Day Cocktails at Noon Meal<br>1:30 Coffee Cart & Sweet Treats<br><br>Valentine's Day | <b>15</b><br>9:30 Exercise Group 1 C<br><b>9:30 Presidents Day Unscramble Gr. 1 LE</b><br>10:15 Exercise Group 2 C<br><b>10:15 Presidents Day Unscramble Gr. 2 LE</b><br>1:30 Bingo 1st Floor C<br><br>Presidents' Day                                                                            | <b>16</b><br><b>Wear Mardi Gras Clothes</b><br>9:30 Exercise Group 1 C<br>9:30 Boggle 2 LE<br>10:15 Exercise Group 2 C<br>10:15 Boggle 1 LE<br><b>New Orleans Style Dinner</b><br>1:30 Bingo 2nd Fl. 1st 1/2 C<br>1:30 Comedy & Drama Club<br><br>Mardi Gras | <b>17</b><br>9:30 Exercise 1<br><b>10:00 Ash Wednesday Ecumenical Service with Chaplain Brian Snow DR</b><br>11:00 Exercise 2<br>1:30 Internet Shopping LE<br>1:30 Wheel of Fortune C<br><br>Ash Wednesday                  | <b>18</b><br>9:30 Exercise Group 1 C<br>10:15 Cranium Crunches 1 LE<br>10:15 Exercise Group 2 C<br>10:15 Cranium Crunches 1 LE<br><br>1:30 Making Jewelry Craft LE<br>1:30 Bingo 2nd floor 2nd 1/2                     | <b>19</b><br>9:30 Exercise Group 1 LE<br>9:30 Current Events 1 LE<br>10:15 Exercise Group 2 C<br>10:15 Current Events<br><br>1:30 Adult Coloring LE<br>1:30 Trivia Contest C                     | <b>Happy Birthday Ellen 20</b><br>9:30 Exercise Group 1 C<br>10:15 Exercise Group 2 C<br>1:00 Watch the Front Porch Travelogue Visit to New Orleans from the Activity Connection<br>1:00 Word Games C |
| <b>21</b><br>9:30 Exercise Group 1 C<br>10:15 Exercise Group 2 C<br><br>1:00 Coffee Trivia C<br>1:30 Coffee Cart                                                                                                               | <b>22</b><br>9:30 Exercise Group 1 C<br>10:15 Trivia 1 LE<br>10:15 Exercise Group 2 C<br>10:15 Trivia 1 LE<br><br>1:30 Bingo 1st Floor C<br>2:00 Building your Relationship with God LE                                                                                                           | <b>Hello My Name is...Day 23</b><br>9:30 Exercise Group 1 C<br>10:15 Mad Libs 1 LE<br>10:15 Exercise Group 2 C<br>10:15 Mad Libs 1 LE<br>1:30 Bingo 2nd fl. 1st 1/2 C<br>1:30 Comedy & Drama Club                                                            | <b>24</b><br>9:30 Exercise Group 1 C<br>9:30 Giant Crossword 2 LE<br>10:15 Exercise Group 2<br>10:15 Giant Crossword 1<br><br>1:30 Wheel of Fortune C                                                                       | <b>25</b><br>9:30 Exercise Group 1 C<br>10:15 Cranium Crunches 1 LE<br>10:15 Exercise Group 2 C<br>10:15 Cranium Crunches 1 LE<br>1:30 Making Gem Magnet LE<br>1:30 Bingo 2nd floor 2nd 1/2<br><br>Purim Begins        | <b>Celebrating Piano Players 26</b><br>9:30 Exercise 1 C<br>9:30 Jeopardy 1 LE<br>10:15 Exercise 2 LE<br>10:15 Jeopardy 2 LE<br>11:00 Piano Player Plays Trivia                                  | <b>27</b><br>9:30 Exercise Group 1 C<br>9:30 Brain Exercises 2 LE<br>10:15 Exercise Group 2 C<br>10:15 Brain Exercises 1 LE<br>1:30 Wheel of Fortune LE                                               |
| <b>28</b><br>9:30 Exercise Group 1 C<br>9:30 Baking Breeding w/Art<br>10:15 Exercise Group 2 C<br>1:00 Chicken Soup for the Soul C<br>1:30 Coffee Cart                                                                         | <div> <div>February 2021</div> <div>  <div> D'YOUVILLE LIFE &amp; WELLNESS COMMUNITY<br/> <b>The Saab Residence</b><br/>           Affordable Assisted Living &amp; Memory Care         </div> </div> </div> |                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                             |                                                                                                                                                                                                                        |                                                                                                                                                                                                  |                                                                                                                                                                                                       |

Please be sure to sign up for groups in the Reservation book with the receptionist at the front desk. All activities are subject to changes. Daily Activities are distributed at breakfast and posted in the lobby.